



Do you want to learn more about how autism affects people's daily lives?

Do you want to explore how best to support adults with autism in your role as a counsellor or as a listening professional?



This is a six-hour workshop and will be led by Janet Wise and Rob de Jong. We have many years' experience in helping parents, educators, workers, employers and students in managing the impact of autism for themselves or for people in their care. The cost will be £60 per person 'Early Bird', with further discounts for people who bring a colleague - £75 if booked later. A CPD attendance certificate will be awarded. Venue: Plymouth MIND Thursday 6th June, 11.15am – 5.15pm.

Our Autism Awareness Workshop will draw on personal experiences of encountering autism in our daily lives and will focus on practical strategies rather than theoretical approaches. We will explore the everyday challenges of supporting people on the autism spectrum in pair, team and whole group work and you will leave equipped with a range of strategies and approaches to put into practice straight away.

Rob de Jong is a DSA accredited ASC Specialist Mentor supporting higher education students with autism and he also works with companies as a specialist autism workplace adviser through Access to Work.

Janet Wise is a qualified teacher and has worked both in the UK and abroad developing learning approaches which put the participant at the forefront of the educational experience.

They founded *Working Well With Autism Ltd*, a social enterprise dedicated to enabling students and workers with autism to thrive in education and the workplace and lead rewarding and fulfilling lives. They have delivered autism awareness training to professionals and support staff in further and higher education, local government, leisure and housing support. They have been inspired to work in this field after their son was diagnosed with autism.

They have also created two autism-focused projects which have kick-started an ongoing conversation between Plymouth autism support providers about how their collective services can be improved.

Rob is a qualified person-centred therapeutic counsellor and Janet has a Counselling Skills Certificate.